

Rochdale Foodbank

Shopping List

Whole Milk (UHT) (1 Litre)
Semi-Skimmed Milk (UHT) (1 Litre)
Sugar (500g)
Tea Bags
Instant Coffee (Jar)
Long Life Fruit Juice
Pasta Sauces
Tomato Ketchup (Small)
Jam / Honey (Jar)

Tinned Soups
" Tomatoes
" Baked Beans
" Spaghetti
" Vegetables
" Potatoes
" Rice Pudding
" Custard (or Packet)
" Meat
" Fish
" Fruit

Instant Mash Potatoes
Rice (500g)
Pasta (500g)
Breakfast Cereals
Biscuits (Packets)
Snacks / Crisps

Thank you for your support