



ROUNDTABLE
DRAGON BOAT RACE

TEAM ENTRY FORM

Name:

Address:

Postcode:

E-mail:

Team Name:

In support of: **ROCHDALE SPRINGHILL HOSPICE**

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TITLE of EVENT: **ROUNDTABLE CHARITY DRAGON BOAT RACE**

VENUE: **HOLLINGWORTH LAKE, LITTLEBOROUGH, OL15 0AQ**

DATE: **SATURDAY 5TH JULY 2014**

TEAM ENTRY FEE - **TO BE RETURNED WITH THIS SIGNED ENTRY FORM**

Cheques made payable to: **ROCHDALE ROUND TABLE**

Deadline for entries is **28 JUNE 2014**

I as the above named Captain for my team confirm that I have received and understood the **ROUNDTABLE CHARITY DRAGON BOAT** terms and conditions and agree to be bound by the said terms.

I have included a deposit payment of £100 and will pay the remainder 2 weeks prior to the event.

I am making payment before 21/06/2014 and have included full payment of £400

If you are unable to fill a boat you may still be able to participate by joining others. The charge to enter will be based on the number of people in that boat (has to be above 11 to enter) but the cost may be slightly increased as the cost is £400 per boat.

Rather than send the money to us at this stage. Please indicate how many people you wish to enter in the box below.

I wish to enter a total number of people to participate by joining others

Signed: Date:

After receipt of this signed agreement and your payment, an email (or letter via the post if no email address is supplied) will be sent confirming your payment and a place in the above Dragon Boating Festival.

Please return payment to:
Michael Fern, MFDental, 58-62 Church Street, Littleborough, Lancashire, OL15 8AU.

EVENT OVERVIEW

The concept

1. Dragon Boating is both a fun and highly effective way to raise money for charity a maximum of twenty people (including reserves) can form a team.
- 1. No previous experience is necessary**
2. Both men and women can compete on equal footing
3. Each Dragon boat will hold a maximum 18 people at one time. Seventeen people (8 pairs of paddlers and a drummer) are made up of our team members, whilst the eighteenth person is a Race the Dragon Ltd. qualified helm.
4. Dragon boat races are run throughout the day over a race course of 200 metres – which works out to around 1- 1½ minutes of hard aerobic paddling (which is why you may need reserves!).
5. Each team in the event is given a guaranteed (weather permitting) three timed races.
6. Your **single best time** over those three races is then used to qualify the fastest teams into the final round using all the available dragon boats.

Entry fee and Fund Raising

1. Team entry fee = £ 400.00 per team up to 21/06/2014, then £ 450.00 if entered afterwards.
2. The challenge is for the team to raise as much in sponsorship on top of the entry fee, all of which will go to our designated charity which is Springhill Hospice.

Safety

1. The Race the Dragon Ltd. instructors will provide a safety briefing for each team prior to their first race as well as buoyancy aids for everyone.
1. Their instructors will also provide the training, helm (steer) the dragon boats and ensure the safety of all teams.
2. Each race will have safety boats on stand-by, ready to rescue teams in the unfortunate event of a capsized.

Race the Dragon Ltd. are the UK's No.1 dragon boat event supplier, running events and festivals throughout the UK. They offer novice crews the opportunity to compete in one of Britain's most unique water sport activities, where the emphasis throughout the day is on ... challenge, team building, fund raising ...and FUN!

Although Dragon Boat Racing is not dangerous, safety is something the festival organiser takes very seriously and so everyone's agreement to the terms and conditions is required from all team members before we will be allowed on to the water.

For information about the dragon boat event, please contact the event organiser:

Michael Scott- 07796443843.

Or send an email to dragonboat@rt55.co.uk

TERMS & CONDITIONS FOR ALL TEAM MEMBERS

1. **Team Numbers.** Teams may register up to 20 people in their team, but a maximum crew of 16 people (subject to overall weight of the crew and the prevailing conditions) plus a drummer will be permitted to enter each race. In the opinion of the helm (steers person), where the weight of the team or conditions on the day makes safe boat handling a problem, the boat's helm (steers person) has the absolute authority to require the team to reduce the number of paddlers. No refunds or reductions will be offered for teams competing or entering with less than the prescribed number.
 2. **Drummers.** Every team **must** have a drummer for each race.
 3. **Event safety – swimming.** All able-bodied crew members must be declared competent in deep water and capable of swimming 50 metres with the aid of an approved personal flotation device (buoyancy aid). Such buoyancy aids will be provided by Race the Dragon Ltd. for competitors use whilst on the water.
 4. **Disqualification.** In circumstances where any team member(s) are, in the opinion of any official from Race the Dragon Ltd. deliberately trying to capsize the boat or behaving in such a way that could result in either damage to the boats or a danger to the team, then those officials have the authority to disqualify the team member(s) from further participation in the day. Where such person(s) are disqualified but refuse to leave the team, it is the responsibility of the Team Captain to remove the disqualified person(s). If the disqualified person(s) still refuses to leave, then the whole team will be disqualified from further participation in the day. No refund will be due to any person / team disqualified.
 5. **Special Needs / Disability's.** Where any team member(s) is either disabled or 'having special needs', then for safety reasons **they must inform the boat's helm (steers person) prior to each race.** Persons such identified to the helm (steers person) will then be given a 'day-glo' jacket which must be worn over their buoyancy aid whilst in the boat and must be handed back to the boat's helm (steers person) or beach marshal when the team member(s) disembark the boat.
 6. **Previous experience.** No previous experience of Dragon Boat Racing is necessary in order to compete and all crews compete at their own risk.
 7. **Safety Brief.** All team members are required to partake in the team safety brief before the start of their first race. Your safety brief will cover:
 - **How to hold the paddle correctly**
 - **The various commands you will hear from the Helm (steers person) and what each one means,**
 - **How to move the boat forward and how to stop the boat,**
 - **How to stop the boat capsizing**
 - **The "Buddy Buddy" system and what to do in the event of the boat capsizing.**
- At the end of the safety brief, all team members present will be issued with a coloured wrist band and team members wearing these wrist bands will be permitted into the dragon boats through the duration of the event.
8. **Minimum Age.** In the interests of safety a minimum age of twelve years old is set for paddlers and the drummer.
 9. **Festival Cancellation.** If the festival has to be cancelled due to circumstances beyond the control of the festival organiser: Rochdale Round Table and / or the festival operator Race the Dragon Ltd The entry fee is non refundable.
 10. **Challenge Races:** For companies or organisations that have two or more teams entering, we will endeavour to organise (where possible) a Challenge Race in Round 3 and seed the teams in such a way so they do not meet during rounds one & two. This then gives the teams the opportunity to experience several 'training' rounds before their big race "head to head".

We recommend any company or organisation with teams competing in a Challenge Race get trophy shields organised for their teams. At the award ceremony, we will then invite the most senior member of the company in attendance to come up and present the shield to their winning team, which would make a great photo opportunity for the company website / newsletter

TEAM INFORMATION & WAIVER

IMPORTANT! For insurances purposes, in the highly unlikely event of a member having a dragon boat related accident; only the persons listed on the Team Declaration below will be covered by the insurance policy. It is therefore **essential** that all team members complete in full and sign the Team Declaration Form.

The completed declaration must be returned back to the festival organisers by 28th June 2014

TEAM CONTRACT & WAIVER: In signing this 'team contract' all team members listed on the Team Declaration Form agree to the conditions of entry as listed below. Notwithstanding any of these conditions, the team's statutory rights are not affected.

The team certifies that:

- (a) All team members are confident in water, and can swim unaided for a minimum distance of 50 metres whilst wearing a personal flotation device (buoyancy aid supplied by the 'Company'),
- (b) Team members with disabilities have signed a separate waiver, and have satisfied the festival organiser this has been done,
- (c) That they are able to sit unaided in the boat, be capable of communicating with and or obeying instructions given by the Company's representatives both on and off the water and are confident in water whilst wearing a personal flotation device (buoyancy aid). There is no absolute requirement for such people to be able to swim 50 metres. In all cases a person with disabilities must be escorted by an able bodied helper (buddy) who will be briefed as to their duties whilst on the water. In the event no buddy can be organised from within the team, an additional charge may be levied for the supply of a trained member of the event team to act as a personal buddy.
- (d) The team accepts that in the interests of safety, the Company has the absolute right to remove a whole team or individuals within that team from a race or races, if he/she or they are deemed to be unfit to race, or if weather conditions or other safety factors affecting the water conditions warrant such action.
- (c) There will be no reduction or reimbursement of fees for teams of less than 16 plus a drummer, or in the case of a team member or members being removed from a race or races for any reason.
- (e) The team undertakes to abide by the race rules as may be periodically amended. A copy of which is available for inspection at race control on the event day.
- (f) **DECLARATION OF FITNESS TO COMPETE** – Team members are required to declare to the organisers (prior to the commencement of the event) if:
 - (a) They suffer from chest pains or shortness of breath
 - (b) They have been told by their Doctor that they have heart trouble
 - (c) They have been told that their blood pressure is too high or too low
 - (d) They have had fainting or dizzy spells
 - (e) They have undergone a recent operation
 - (f) They suffer from bone or joint problems i.e. arthritis, spinal injury etc.
 - (g) There is any other reason why they should not participate in an exercise programme, which in the case of Dragon Boat Racing should not exceed 2 minutes of active aerobic exercise per race.

This list is not exhaustive. If you are in any doubt about your fitness to compete, you must ask the Company's representative prior to undertaking the training and race programme.

Team Declaration for Team: _____

We undersigned team members entering the above team, accept and fulfill the conditions of entry understanding that we take part entirely at our own risk. We waive any legal recourse for injury or damage to ourselves or property ensuring from our participation. We understand this does not effect our teams statutory rights

	Name	Home Address	Post Code	Home Phone	Email Address	Signature
Captain						
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