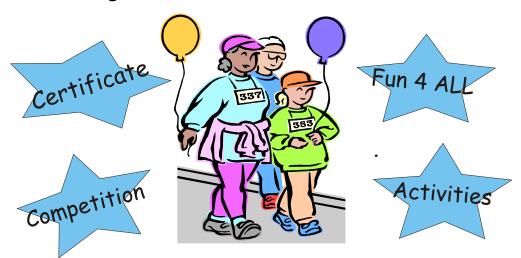
Rochdale & District Mind-World Mental Health Day

Get Moving Make a Stand for Mental Health

Join us in a 3.5 mile sponsored walk around Rochdale to support Rochdale & District Mind and Raise Awareness of Mental Health and Wellbeing

12:00 - 2:30pm Friday 9th October 2009 Starting at The Butts, Rochdale Town Centre



World Mental Health Day 2009



Sponsored by:
Local businesses and community groups
within the Rochdale Area

View details at:

www.rochdalemind.org.uk

For better mental health

Reg. Charity No: 519916

If you would like to take part in the walk please fill in and return the form and post to the address below or hand in at any of the following venues by 30-9-09:

Rochdale Exchange - Morellis Cappuccino Café in Rochdale Town Centre

Comple@t Café in Rochdale

Nye Bevan House, Maclure Road, Rochdale, OL11 1DN

Comple@t Café in Middleton

Unit 5 & 6, off Fountain Street, Middleton, M24 1AF

Gordon Riggs Garden Centre

Moss Bridge Road, Kingsway (A664), Rochdale, OL16 4UX

I would like to take part in Rochdale & District Mind's sponsored walk for World Mental Health Day
Name:
Address:
Email:
Telephone:
Mobile:

Return Address:

Rochdale & District Mind,

Second Floor, Bull Brow Chambers, 6 Baillie Street, Rochdale, OL16 1JG
www.rochdalemind.org.uk