

Spectator Guide

A guide to help you make the most of Stages 1 and 2 of the Tour de France

5 and 6 July 2014



Welcome to Yorkshire
yorkshire.com



Planning your journey...

Crowds line the route wherever the Tour goes – and this year will be no exception! Make it a day to remember:

- **Plan ahead**
Choose now where you want to watch.
- **Go online**
Go to letouryorkshire.com to work out how you'll get there.
- **Set off early**
Expect your journey to take longer than usual, so give yourself plenty of time.
- **Keep it simple**
The best option might be walking or, of course, getting on your bike!



Road closures
Road closures will be in place to make this a safe and successful event for all – riders, residents, spectators and support vehicles alike.

Timings for road closures vary along the route. As a guide, plan for some roads to be closed for a minimum period of

eight hours on race day. Closures will be in place longer at starts and finishes, and in some more remote areas. Find out more at letouryorkshire.com

On your bike
A bike might be your best option to travel to and from the Tour. Restrictions apply to bikes on public

transport including trains, so check with the operator before travelling. Alternatively, why not leave your bike at home and take advantage of the bike hire schemes?

Many of the Grand Départ Spectator Hubs have secure cycle parking. Don't forget your bike lock! Some areas are also offering park and cycle schemes. Find out more at letouryorkshire.com

Cars and campervans
There will be no parking along the route to keep it clear for the race, spectators and emergency vehicles. Temporary car

parks have been set up for the race. Be aware that some may involve a 3-4 mile walk. Plan in advance and get there early!

Grass verges are home to protected species of wildflowers and wildlife. Avoid parking on them, or near dry stone walls where you might cause damage.

Remember to lock doors and close windows, and don't leave valuables in sight.

Pay attention to any local parking restrictions, especially in conservation areas in the National Parks. Find out more at letouryorkshire.com

Where to watch Le Tour...

Think about what you really want to see:

- the start, where the riders set out;
- the race, where they compete for the best time;
- a much anticipated climb; or
- the sprinters going all out for the finish.

To get the best of all worlds, you can follow the race without missing a second of the action in the Grand Départ Spectator Hubs.

Wherever you choose to watch, make a weekend of it! Come early and sample some of the best in food and hospitality that the local area has to offer.

Some of the best spots will fill up early, so you might want to be in position the night before to get a place.

Find campsites on the route at letouryorkshire.com

With locations along the route, you can find details of all the Grand Départ Spectator Hubs on the other side of this map.

Respect, protect and enjoy...

Respect other people Consider the local community and others enjoying the race; don't block gates, driveways or roads; leave gates and property as you find them; and follow paths.

Protect the environment Leave no trace of your visit and take your litter home.

Enjoy the Tour Plan ahead and be prepared, follow advice and local signs.



Stages 1 and 2 of the Tour pass through some of the most beautiful countryside in the UK. Help us to keep it this way by following these simple guidelines.



Fires and barbecues
Be extremely careful with flames and cigarettes – it only takes one spark to start a fire. Avoid barbecues to protect farmland, the countryside and others.

Farmland and footpaths
For your safety and the protection of the countryside leave gates as you find them, and only follow designated footpaths. Keep away from crops, machinery and animals. Use gates, stiles or gaps in boundaries and leave them as you find them. Don't climb over hedges – you might damage them and disturb plants and wildlife. Respect signs and do not trespass onto private land.

Dry stone walls
In Yorkshire, we have miles and miles of wonderful dry stone walls. Preserve and protect our dry stone walls by not sitting or climbing on them and only parking in allocated areas.

Dogs
Keep them on a short lead to protect them and nearby wildlife. Stick to footpaths and bridleways – open moorland is home to nesting birds, and dogs are not allowed on most heather moorland.

Check for restrictions at: www.moorlandassociation.org/tour-de-france.asp

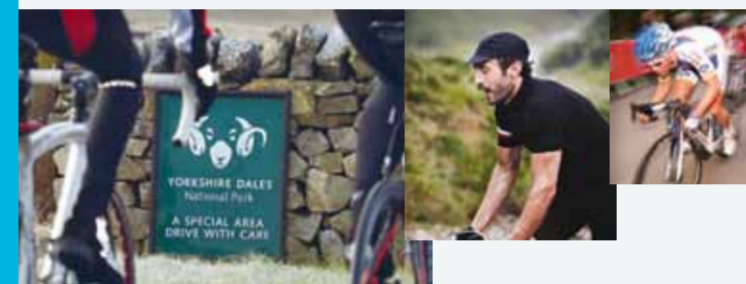
Keeping your dog on a lead is important, especially near the race. There have been crashes in the past when dogs have escaped onto the route.

Have a great day...

On the day

Before you set off

- 1 Charge your phone battery, and consider taking a portable radio to keep track of the race – mobile reception may be limited and networks may be busy
- 2 Check the weather forecast
- 3 Check the latest travel and transport advice
- 4 Take food and plenty of water with you
- 5 Fill up with petrol before you set off – some remote areas don't have many petrol stations
- 6 Bring cash – some places don't have many cash machines



At the race

As well as the spectacle of the Tour, this is your chance to explore. Get a flavour of the region with locally produced food and drink, including some specially crafted to celebrate the Grand Départ.

The caravan, the riders and the vehicles can become very spread out. Keep watching, don't miss out on any of the action and make sure the last vehicles have passed before stepping onto the route. Stewards will tell you when it is safe to leave.

It may take considerable time to get away after the race – to avoid being delayed, why not extend your stay and sample the best of the local area?

Keep your belongings safe and secure and with you at all times.

Stay safe and healthy

The visit of the Tour de France this summer is a fantastic opportunity to get outdoors and make the most of what the UK has to offer.

We're hoping for great weather and there are some simple things you can do to keep you and your family well:

- Find out about local health services by visiting www.nhs.uk
- Take layers of clothing in case it gets cold and a lightweight waterproof. Remember the higher you go, the colder it gets.
- Stay in the shade during the hottest part of the day (11am – 3pm).
- Wear a hat and loose clothing to keep you cool and protected from the midday sun.
- Wear a high factor sunscreen and good quality sunglasses to protect your eyes.
- Drink plenty of cold drinks – especially water – and eat healthy snacks to replenish the salts lost through sweating.
- Wear sturdy, comfortable footwear.
- Make sure you take your prescription medicines with you in case you need them.
- If you have hayfever check the pollen count at www.metoffice.gov.uk and speak to your pharmacist about antihistamine medicines to reduce your symptoms.
- Take insect repellent, particularly if you are staying outdoors, and antihistamine cream to relieve itchy bites and stings.

Children, people with long-term health conditions and older people are much more likely to experience problems associated with the weather. Make sure you help them to follow this advice and stay well. For more top tips go to www.nhs.uk/summerhealth

Learn to speak 'Tour'



Want to impress your fellow cycling friends? Our easy to use guide will have you talking like a pro in no time.

- coureur/cycliste:** a rider or cyclist
- peloton:** the pack or bunch of riders
- commissaire:** the referee who travels by car
- directeur sportif:** manager
- domestique:** support rider
- équipe:** team
- caravanne:** caravan, around 180 vehicles distributing nearly 15million items to the roadside fans
- grimpeur:** climber
- sprinteur:** sprinter
- la tête de la course:** race leader (the "head of the race")
- la lanterne rouge:** the last rider (literally "red lantern"; a reference to red lanterns hung on train carriages so that the conductor could ensure none of the couplings had come loose)
- à bloc:** riding all out, as hard and fast as possible
- la cadence:** pedalling rhythm
- chasse patate:** riding between two groups (literally, "potato hunt")
- échappé:** breakaway
- course:** race
- étape:** stage, leg
- piste:** track
- route:** road
- col:** mountain pass
- descente:** downward slope
- plaine:** plains, flat land
- maillot jaune:** yellow jersey (worn by overall leader)
- maillot à pois:** polka dot jersey (worn by best climber)
- maillot blanc:** white jersey (worn by best rider under 25)
- maillot vert:** green jersey (worn by leader in points / best sprinter)

For further information and to learn more about the Tour de France go to www.letouryorkshire.com

In an emergency...

Follow our advice and all should be fine. But if you do start to feel unwell on the day and need medical help or advice you can call the free national helpline by dialling 111 to speak to an NHS adviser.

The 24-hour NHS 111 service can give you healthcare advice or direct you to the local service that can help you best. In a genuine, life-threatening emergency dial 999 and ask for an ambulance.

You can find out more about health services in England and Wales by visiting www.nhs.uk

Welcome to Yorkshire and welcome to the world's largest annual sporting event – the Tour de France.

Yorkshire's Grand Départ promises drama, action and a challenge the peloton has never seen before as riders weave their way through two stages of hills, dales, towns and cities before heading south for Stage 3. It's a ride they'll never forget and we hope you won't either.

To help you make the most of this amazing event we have pulled together this practical guide so you can plan ahead for a truly memorable sporting occasion.



Gary Verity
Chief Executive
Welcome to Yorkshire



Allez Le Tour...



The Tour is the world's largest annual sporting event, and the most prestigious of the three 'Grand Tours' in the world.

This year's Tour with the Yorkshire Grand Départ and Stage 3 in the UK is the 101st Tour de France.

Over three weeks 200 riders battle it out across 3,600km of cycling. The race includes sprints for the fastest riders, hills and climbs for the Kings of the Mountains, and thousands of kilometres of beautiful scenery for those competing for the ultimate prize – the coveted Yellow Jersey.



Tour fans wear their team colours, wave flags and ring cowbells, and shout 'Allez!' as the riders come past.

As well as the cyclists, there's also the publicity caravan two hours before the race, where sponsors throw out goodies to the crowd. This is a great spectacle, and an exciting warm up to the Tour and not to be missed!

Tour Makers...

A first for the Tour de France

For the first time ever, the Tour in the UK will be supported by volunteer Tour Makers. On 5, 6 and 7 July they will be the friendly welcoming face of the Tour.

You can recognise them by their green uniform which says 'Tour Maker Happy to Help' on the back, so please look out for them if you need any help or information on race days.

We are sure they will give you and the riders a day to remember!

For further information go to letouryorkshire.com/tourmakers

A day to remember as the Tour moves south

The excitement doesn't end after the Grand Départ! On Monday 7 July, Stage 3 sets off from historic Cambridge, moving through Essex with an iconic finish on The Mall in central London.



There's loads to see and do for another day to remember. Make sure you're there early for the build up with the world famous caravan, a series of official fan parks and spectator hubs lining the route, and much, much more!

Be there to cheer on the greats as the best cycling event in the world moves to the South East.

Save the date and start planning your trip at letouryorkshire.com/stage-3 and follow the action on social media.

For further information go to www.letouryorkshire.com

STAGE 1 START

THE HEADROW, LEEDS STAGE 1 START

Capacity: 25,000 on The Headrow, room for another 20,000 on Eastgate, Regent St, Sheepscar St South **Postcode:** LS1 3AD

Leeds city centre will come alive with the sounds of cheering fans lining the route on the first day of the race. There are plenty of vantage points to catch a glimpse of the spectacle of the caravan and cycling's elite. Next to the Art Gallery, Victoria Gardens will play host to the riders signing on; and you can also enjoy the atmosphere all the way along The Headrow to Eastgate and beyond.

STAGE 1 FINISH

WEST PARK STRAY STAGE 1 FINISH

Capacity: 20,000+ **Postcode:** HG2 0EL

Just a stone's throw away from the Stage 1 finish line, and close to all town centre amenities, Harrogate's West Park Stray will be buzzing with fans cheering on their favourite riders. With a lively programme of events and activities this four day event will be a celebration of cycling. An idyllic setting and perfect spot for the ultimate viewing experience of the Grand Départ right from the moment the riders are announced on 3 July.

STAGE 2 START

YORK RACECOURSE STAGE 2 START

Capacity: 25,000 **Postcode:** YO23 1EX

Stage 2 of the race kicks off inside York Racecourse, before the peloton winds its way through the historic city and past Clifford's Tower. On 6 July, fans can enjoy the Big Screens, family sporting activities, a fairground and catering. Tickets for the racecourse venue have all gone but some parking remains available for those wishing to wander into the beautiful walled city, watch along the route and soak up the amazing atmosphere.

STAGE 2 FINISH

DON VALLEY BOWL STAGE 2 FINISH

Capacity: 10,000+ **Postcode:** S9 5DA

Expect a fantastic atmosphere at Sheffield's Don Valley Bowl as racers pack out this green space to watch riders complete the second day of racing. Boasting a whole host of facilities including a Big Screen, concessions and disabled access, as well as cycling activities. With the ice rink and café already in existence, it will be hugely popular with the crowds.

SKIPTON TOWN CENTRE

Capacity: up to 12,000 **Postcode:** BD23 1BT

Skipton High Street is expected to be popular with visitors as the race passes through the market town on day one. The family friendly activities will be spread across two sites in the town (Canal Basin and Town Hall car park) with Big Screens on both sites, plus a stage on the larger site providing music and entertainment throughout the day. Cycle parking will be available. There will also be street entertainment and child friendly activities on offer as well as films being shown on the screens in the evening.

GRASSINGTON NATIONAL PARK CENTRE

Capacity: 2,000 **Postcode:** BD23 5LB

As well as being the go-to place for walks and local attractions, Grassington National Park Centre will host some 2,000 visitors a short distance off the route. Facilities include a Big Screen, viewing areas for the screen, local amenities and toilets as well as disabled facilities, all located close to the village centre.

AYSARTH FALLS NATIONAL PARK CENTRE

Capacity: 1,500 **Postcode:** DL8 3TH

Not only will you find information about Yorkshire's rolling green hills at Aysgarth Falls National Park Centre, it will also house a Big Screen and viewing areas for the screen, food, toilets and limited parking for the 1,500 visiting fans. No visit to Aysgarth would be complete without taking in the beauty of the nearby waterfalls, which are easily accessible.

HAWES NATIONAL PARK CENTRE

Capacity: 3,000 **Postcode:** DL8 3NT

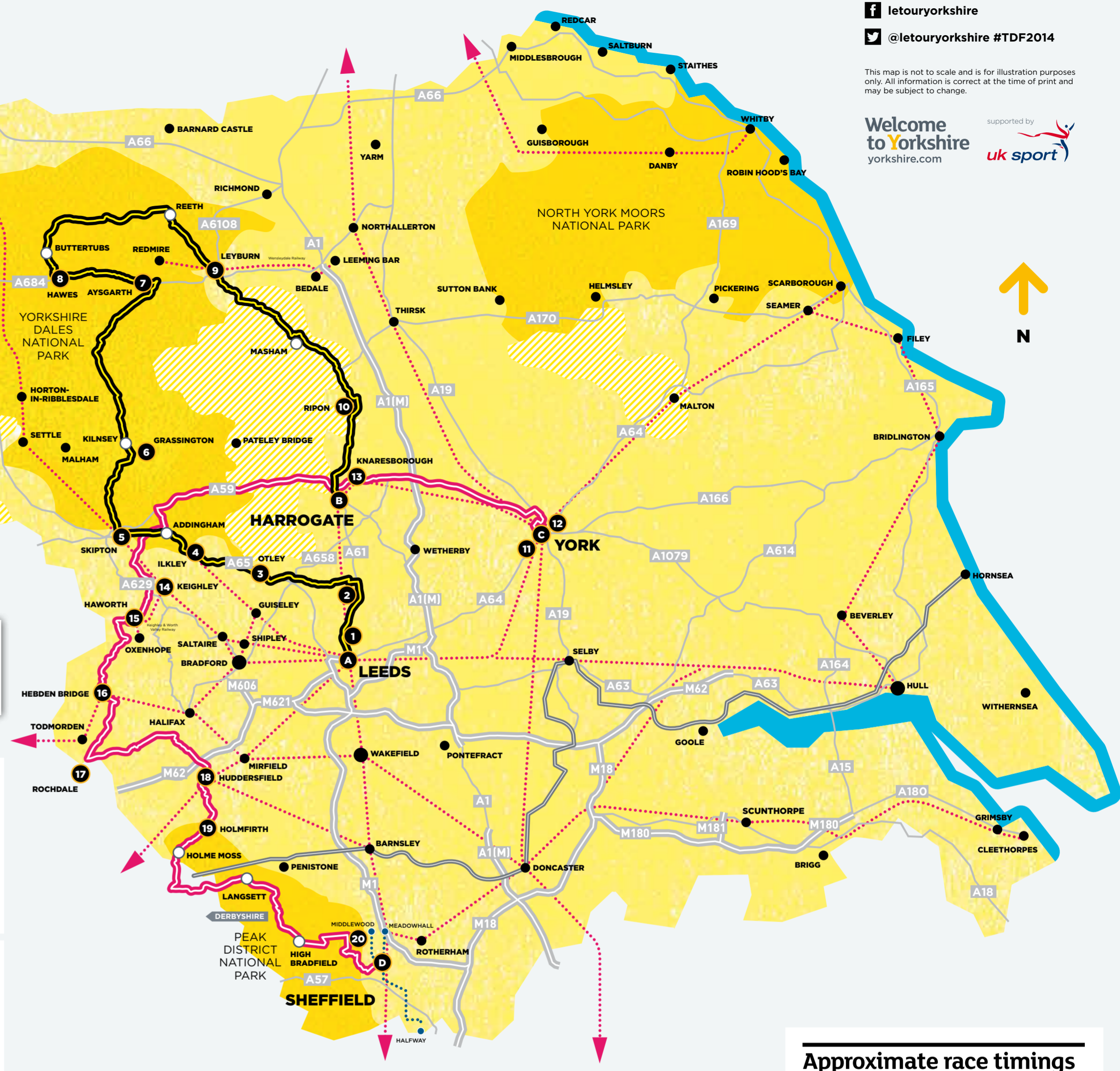
Hawes National Park Centre is one of three visitor centres hosting Grand Départ Spectator Hubs. Located close to Buttertubs, one of the major climbs, 3,000 fans will have the chance not only to enjoy the spectacle of the race but also the adjacent Dales Countryside Museum and nearby village amenities. Facilities include a Big Screen, viewing areas for the screen, and toilets.

KEY:

- Grand Départ Spectator Hubs
- Grand Départ Stage 1
- Grand Départ Stage 2
- Trans Pennine Trail Walking and cycling route
- Motorways
- A-Roads
- Railway routes
- Sheffield Supertram
- National Parks
- Coast
- Areas of Outstanding Natural Beauty



Getting there
 Road closures will be in place to make this a safe and successful event for all. Find out more and plan your journey in advance at www.letouryorkshire.com



SCOTT HALL PLAYING FIELDS, LEEDS

Capacity: 10,000+ **Postcode:** LS7 2DW

Get close to the action at one of Leeds' best-known playing fields as the riders and caravan pass close by. This family friendly hub will house a Big Screen to give unrivalled views of the spectacle of the caravan and the race itself and a stage for entertainment. Additional facilities include onsite parking, disabled and cycling provisions, activities for children and families including British Cycling Go Ride and onsite catering.

HAREWOOD HOUSE, HAREWOOD

Capacity: 30,000 **Postcode:** LS17 9LG

The Yorkshire Festival of Cycling is a new event taking place at Harewood House from 4-6 July. Harewood House is open for those wishing to enter the site to view the race when it arrives at approximately 11.40am on Saturday 5 July. During the whole weekend there will be a charged-for event with camping, entertainment, concerts, Le Grand Départ hospitality packages, shopping, mass participation cycle events, family fun rides and mountain biking.

OTLEY TOWN CENTRE

Capacity: up to 15,000 **Postcode:** LS21 3AF

This will be a focal point for visitors as they head to the centre of Otley, where the race cuts through at a time when the first riders will be trying to break away from the pack. Highlights include a double sided Big Screen and town centre facilities such as cafes, bars and cycle racks. There will be plenty of spectator points throughout the town centre and dedicated parking close by.

RIVERSIDE GARDENS, ILKLEY

Capacity: 5,000 **Postcode:** LS29 8DF

Held in the picturesque Riverside Gardens and alongside the River Wharfe, this hub ticks all the boxes for a perfect family day out. Running over four days, 3 - 6 July, the hub is expected to attract up to 5,000 fans. Facilities include two Big Screens, food stalls, secure cycle parking, a large car park and disabled access.

LEYBURN MARKET PLACE

Capacity: 10,000 **Postcode:** DL8 5BG

The traditional Yorkshire Dales market town of Leyburn will be showcasing the best entertainment and fayre in the region. A crowd of 10,000 is expected to pack out the market square to cheer on their favourite riders. Facilities include a Big Screen and organised activities, something for the whole family.

RIPON RACECOURSE AND MARKET PLACE

Capacity: 10,000 **Postcode:** HG4 2JZ & HG4 1BP

Ripon's hub spans the race route on 5 July, at the racecourse to the east and in the city centre to the west. Big Screens, catering and children's activities in both locations are just a short walk from the race route. Ripon Market Place will be closed to traffic on the Saturday providing an ideal viewing point to watch the race on both days, plus market stalls, smoothie bikes, family films and live entertainment through into the evening.

YORK DESIGNER OUTLET

Capacity: 3,000 **Postcode:** YO19 4TA

Family activities will be at the heart of the hub at York Designer Outlet. The discount shopping centre will have a large screen relaying the day's sporting action, vintage stalls, a fairground and family sporting activities. There are also glamping and camping facilities in the nearby fields along with parking.

MONK STRAY

Capacity: 6,000+ **Postcode:** YO31 1BW

In vibrant York, Monk Stray is a short pedal from the city centre where the live race action will take place. It is the perfect spot to celebrate the second day of the race with its Big Screen, disabled access and food stalls. Family activities include watching a live cycle stunt show and trying out cycle jumps yourself on The Air Bag. There will be car and cycle parking facilities and an easy Park & Ride link into the city from the nearby shopping centre. With cycling activities, choirs, a fairground and children's activities, there's something for everyone.

KNARESBOROUGH CASTLE

Capacity: up to 4,000 **Postcode:** HG5 8AS

Sited in the ruins of Knareborough Castle and only a few hundred metres from the race route, this former fortress is a prime viewing location for the race. With a capacity of 4,000 it's expected to be popular with families and cycling fans alike. Close to town centre amenities there will be a host of activities and facilities including Big Screen, toilets, catering with a local food market, and a disabled viewing area.

VICTORIA PARK, KEIGHLEY

Capacity: 4,500+ **Postcode:** BD21 3JN

Running over the weekend of 5 and 6 July this hub is slightly set back from the action. With a Big Screen to watch the race, funfair, a tea room, secure cycle parking, disabled facilities and toilets, it's got something for everyone in one of the prettiest corners of the county. The site can hold over 4,500 people.

CENTRAL PARK, HAWORTH

Capacity: 4,000 **Postcode:** BD22 8RA

Space will be limited at the popular Haworth Central Park when the riders fly past and up a key cobbled climb. In addition to the existing amenities in the village, the park will also have a Big Screen, disabled access, food stalls, stalls selling local produce, secure cycle parking and activities for children.

CALDER HOLMES PARK, HEBDEN BRIDGE

Capacity: 8,000 **Postcode:** HX7 8AU

Relax and enjoy the race in Hebdon Bridge with its funky vibe, creative atmosphere and independent nature. This vibrant market town will come alive on race weekend with a community-based arts and theatre event on 5 July and a family friendly spectator hub on 6 July. The hub features a Big Screen, spectator entertainment and locally produced food close to the town centre and local transport links. Come early and stay all day to soak up the unique atmosphere of Hebdon Bridge, and the place to 'Release your Inner Cyclist'.

HAREHILL PARK, LITTLEBOROUGH

Capacity: 10,000+ **Postcode:** OL15 9HE

Around a kilometre of the route passes into Rochdale - along a section of the B6138 and the A58 adjacent to Blackstone Edge Reservoir. The route includes a sharp bend which will slow the Tour down and maximise viewing opportunities. The stretch is recognised as being one of the most fascinating sections of the route and is the culmination of the longest continuous hill climb in England. Spectators will also be able to watch on the Big Screen in Harehill Park.

ST GEORGE'S SQUARE, HUDDERSFIELD

Capacity: 10,000+ **Postcode:** HD1 1JB

Thousands of fans are expected to pack St George's Square in Huddersfield town centre over the weekend of 5 and 6 July. This is expected to be a hugely popular location as the race passes close by the square, just outside the train station. In addition to the town centre amenities facilities will include a Big Screen, food stalls and disabled access.

SANDS RECREATION GROUNDS, HOLMFIRTH

Capacity: 10,000 **Postcode:** HD9 3JL

The race will cut through the heart of this bustling market town on Sunday 6 July, where 10,000 visitors and locals will mingle as the riders whizz past. Facilities in the centre of Holmfirth are spread across streets and fields and include a Big Screen, disabled access, a local food and drink market, and public toilets. And it's not only cyclists you'll see racing - as 10,000 yellow ducks are tipped into the river at the annual Holmfirth Duck Race!

CORONATION PARK, SHEFFIELD

Capacity: 2,500+ **Postcode:** S35 0HS

On the second day of the race some of the best views will be found at Sheffield's Coronation Park, located at the start of one of the main climbs. This community friendly site ticks a lot of boxes for racing fans with a Big Screen, disabled viewing, concessions, toilets and children's play area to keep the little ones entertained.

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This map is not to scale and is for illustration purposes only. All information is correct at the time of print and may be subject to change.

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Approximate race timings

Stage 1 5 July 2014 Leeds to Harrogate			Stage 2 6 July 2014 York to Sheffield		
Location	Caravan	Riders	Location	Caravan	Riders
Leeds	09:10	11:10	York	09:00	11:00
Otley	10:13	12:12	Knareborough	09:54	12:00
Addingham	10:36	12:33	Addingham	10:50	12:41
Skipton	10:52	12:47	Keighley	11:06	12:55
Kilnsey	11:21	13:13	Haworth	11:22	13:10
Aysgarth	12:04	13:53	Hebdon Bridge	11:51	13:36
Hawes	12:27	14:13	Huddersfield	12:37	14:18
Reeth	13:07	14:50	Holmfirth	12:59	14:38
Leyburn	13:26	15:07	Holme Moss	13:12	14:49
Ripon	14:14	15:51	High Bradfield	14:01	15:34
Harrogate	14:46	16:20	Sheffield	14:46	16:14

Don't miss any of the action. Download a complete set of race timings at www.letouryorkshire.com/timings